The IWTT believes supporting a nurturing and stimulating environment for youth is fundamental to ensuring that women are economically, emotionally, and socially empowered. Programs that provide opportunities to enhance the growth of youth are ways to further support the empowerment of women.

IWTT has pioneered a Cultural Exchange Initiative (sister school) collaboration between Baltimore, Maryland based Western High School, the oldest all girls public high school in the USA and the Sister School Global Initiative of Lagos, Nigeria.

The purpose of the collaboration is to:

- Become worldly visionaries and critical thinkers
- Offer valuable connections by introducing national and international personalities
- Participate in cultural exchange programs

The Western High School Foundation is a partner to the Cultural Exchange Initiative.